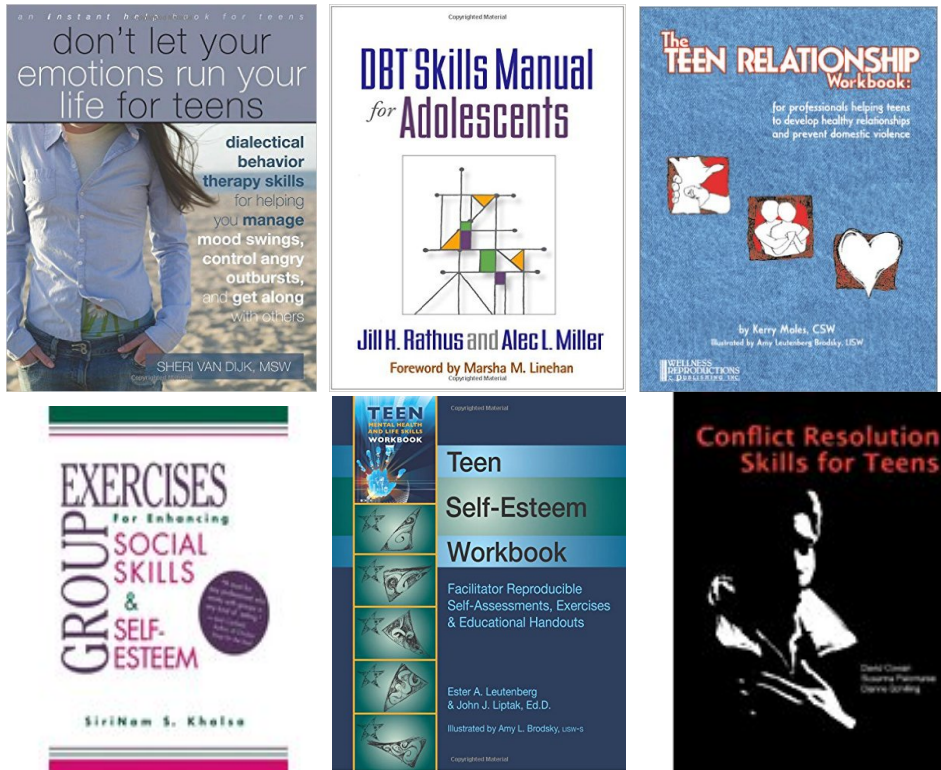


Teen Group

TOPICS:

Self Esteem Emotion Regulation*Goal Setting* Healthy Relationships*Stress*Coping Skills*
*Conflict Resolution*Decision Making*Crisis*School Problems*Parent-Child Relationships*
*Anger*Grief & Loss*Self Harm*Communication*Anxiety*Depression*Social Skills*

Curriculum for this group comes from the following skills manuals:



This group is open which means new members are always welcome to join. Curriculum covers approximately 36 sessions. It is up to each individual and the facilitator to determine their length of stay. Group will consist of a check-in, education and process. This is perfect as a step-down from inpatient or IOP.

WHEN: Every Tuesday from 6:00-7:30pm

LOCATION: Arizona Family Institute 3048 E Baseline Road Suite 107 Mesa, AZ 85204

COST: \$30 per group session. Handouts from skills manuals included.

AGES: 12-17

TO ENROLL: Call or Text Allison at 480-447-0400 or email Allison@arizonafamilyinstitute.com

*This is an open group so new members are always welcome

Paperwork to be completed

Click the link below to access the intake paperwork. Please complete and bring to your first group session.

<http://www.arizonafamilyinstitute.com/wp-content/uploads/2016/11/Group-Assessment.pdf>